PLANT FACT SHEET

Adiantum caudatum L.

GENUS *Adiantum* **FAMILY** Pteridaceae

COMMON NAMES Walking maidenhair, Trailing maidenhair

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

A fern. It grows 10-40 cm tall. It has a short erect rhizome covered with scales. The stalk from the rootstock to the leaf blade is 1-15 cm long. It has brown hairs. The leaves are narrow and have leaflets along the stalk. The leaves are 8-35 cm long by 2-4 cm wide and there are 20-44 pairs of leaflets. These become smaller towards the top.

HABITAT

It is a tropical plant. It grows on rocks and in rock crevices including limestone. In China it grows in forests and mountain valleys. It grows in shaded places. In Thailand it grows up to 1,000 m above sea level. It needs to be kept moist. It suits hardiness zone 9-11.

PRODUCTION

Cultivation

It can be grown from plantlets on the tips of the fronds. It can be grown from spores, rhizomes or division of the clump.

NOTES

Also put in the family Adiantaceae.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/adf398fa-b83e-4a50-843d-a075e8823ff1