PLANT FACT SHEET

Cymopterus glomeratus DC.

GENUS *Cymopterus* **FAMILY** Apiaceae

COMMON NAMES Biscuit root, Corkwing, Wafer parsnip

EDIBLE PARTS AND USES

Edible parts: Root, Stems, Leaves

The roots, young stems, and leaves are eaten raw or cooked.
The roots are added to meat for flavour.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 257

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 291 (As Cymopteris acaulis var. fendleri)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ae29d84d-97f7-4072-b4eb-df079afa653f