PLANT FACT SHEET

Rhagadiolus stellatus (L.) Gaertn.

GENUS *Rhagadiolus* **FAMILY** Asteraceae

COMMON NAMES Star hyoseris, Endive daisy

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves at the base are eaten raw in salads or in stews.

DESCRIPTION

A herb. It grows 20-50 cm tall.

HABITAT

It is a Mediterranean plant. It suits USDA hardiness zones 6-10. It grows from sea level to 800 m above sea level.

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