PLANT FACT SHEET

Tragopogon gracilis D. Don

GENUS *Tragopogon* **FAMILY** Asteraceae

COMMON NAMES Slender salsify

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, pod

The young plant is eaten raw.
The young fruit heads are eaten.

DESCRIPTION

A herb. It has tufted stems often branched from the base. The stems are 6-20 cm long. The leaves are narrow but they broaden to form sheaths at the base. They are 7.5-20 cm long by 5 mm wide. The flowers occur singly at the ends of branches. The flowers are yellow. The flower heads are 2.5-4 cm across.

HABITAT

It is a temperate plant. It grows between 1500-3500 m altitude in Uttar Pradesh in India. It suits cold arid places.

NOTES

There are about 50 Tragopogon species.

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