PLANT FACT SHEET

Pinanga samarana Becc.

GENUS *Pinanga* **FAMILY** Arecaceae

COMMON NAMES Samar abiki

EDIBLE PARTS AND USES

Edible parts: Cabbage, Palm heart

The bud is cooked and eaten.

DESCRIPTION

A small slender palm. The leaf segments are sword shaped tapering to a point. They are unequal and straight, 60 cm long by 3.5 cm wide. The lower surface is sprinkled with light coloured dots on a reddish leaf. The flowers are along a central axis with strongly flattened branches. The fruit is shaped like a spindle tapering at both ends. They are 15 to 18 mm long and 1 cm thick.

HABITAT

A tropical plant. They occur in forests at low and medium altitudes. Reported only from Samar in the Philippines.

REFERENCES

Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, Edible Wild Plants in Philippine Forests. Philippine Journal of Science. p 526
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ae829db3-28d6-4237-9d0a-9c777722d5e1