PLANT FACT SHEET

Achillea ligustica All.

GENUS *Achillea* **FAMILY** Asteraceae

COMMON NAMES Milfoil

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used to make a drink along with other herbs.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 85-100 Achillea species. They are temperate in Europe and Asia.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 32

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ae915abd-c195-45cb-9926-a7d80fcec1d3