PLANT FACT SHEET

# *Castanopsis lecomtei* Hickel & A. Camus

**GENUS** *Castanopsis* **FAMILY** Fagaceae

**COMMON NAMES** Ca oi sa pa

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Seeds, Nuts

The nut contains edible starch.

## DESCRIPTION

An evergreen tree. It grows 25-28 m tall. The trunk is 40-60 cm across. The fruit is a single nut.

## HABITAT

A tropical plant. It grows from subtropical to tropical forests.

## NOTES

There are about 120 Castanopsis species. Many have edible nuts.

## REFERENCES

Forest Inventory and Planning Institute, 1996, Vietnam Forest Trees. Agriculture Publishing House p 263

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/aeb1d4e0-fb3c-4d9f-ad25-db4a6d7375ad