PLANT FACT SHEET

Campanula rapunculoides Linn.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Creeping Bellflower, Rover bellflower

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Flowers, Stem

The fleshy underground branches (roots) can be chopped and added to soups or boiled.
The young shoots are cooked as a vegetable and used as a potherb.

DESCRIPTION

A plant which keeps growing from year to year. It grows 30-60 cm tall. It forms large patches. The leaves have teeth along the edge. The flower stems are tall. The flowers are nodding and bell shaped. They are blue or violet. They are 20-30 mm long.

HABITAT

It grows in temperate places. It is often in woodland and rocky places. Melbourne Botanical gardens. It suits hardiness zones 4-9. Tasmania Herbarium.

NOTES

There are about 300 Campanula species.

PICTURES



Credit: Food Plants International (Bruce French)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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