PLANT FACT SHEET

Thymus algeriensis Boiss. et Reut.

GENUS *Thymus* **FAMILY** Lamiaceae

COMMON NAMES North African Thyme

EDIBLE PARTS AND USES

Edible parts: Leaves - flavour

The leaves are used as a flavouring herb and also for making tea drinks.

DESCRIPTION

A herb. It grows 20-50 cm tall. The stems are slender and there are several branches. The leaves are narrow and greyish-green. They are 6-12 mm long. They are in opposite pairs along the stems. The flowers are purple to pink.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Hazzit, M., et al, 2009, Chemical composition and biological activities of Algerian Thymus oils. Food Chemistry 116: 714-721

Shin, J. H., 2013, Central and Southern Tunisia. Plants of Grassland and Sahara Desert. p 140

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aec7dc4e-67cd-4393-9e63-4c949aa1b904