PLANT FACT SHEET

# *Tradescantia ohiensis* Raf.

**GENUS** *Tradescantia* **FAMILY** Commelinaceae

**COMMON NAMES** Spiderwort

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Flowers

The leaves and stems are eaten raw in salads or cooked as a potherb.
The flowers have been eaten candied.

## DESCRIPTION

A creeping herb.

## HABITAT

It is a temperate plant.

## REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 871

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/aee7977b-0b0b-4261-9dcd-339f14c00594