PLANT FACT SHEET

Dennstaedtia glauca C. Chr. ex Looser

GENUS *Dennstaedtia* **FAMILY** Dennstaedtiaceae

EDIBLE PARTS AND USES

Edible parts: Fronds

DESCRIPTION

A fern. It produces dense patches of finely divided fronds. It grows 1 m tall.

HABITAT

It is a subtropical plant.

REFERENCES

Alva-Alvarado, I. M., et al, 2023, Wild plants for food in the Andes. Research Square. p 25.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/af084aef-ade6-4c08-907d-b350ada5e592