PLANT FACT SHEET

Rubus arcticus L.

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Arctic bramble, Arctic raspberry

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - tea, Flowers

The fruit are eaten raw. It can also be used for cakes, jams, and sherbert.
The leaves are used for tea. They are also eaten with meat.

DESCRIPTION

A small plant. It grows 15-30 cm high and spreads 45-60 cm wide. It keeps growing from year to year and has underground stems or rhizomes. The stems do not have prickles. The leaves are compound and on long stalks. There are 3-5 oval leaflets. They are smooth and have teeth along the edge. The flowers are red or pink and 25 mm across. They are in clusters of 1 to 3 and have purple stamens. The fruit are red and round.

HABITAT

It is a cold temperate plant. It grows in Arctic climates. It grows in boggy woods and marshes at higher altitudes in Europe and Asia. In northern China it grows at about 1,200 m above sea level. It suits hardiness ones 1-7.

NOTES

There are about 250 Rubus species.

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