PLANT FACT SHEET

Cardamine lilacina Hook.

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Trifoliate bittercress

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A cabbage family herb.

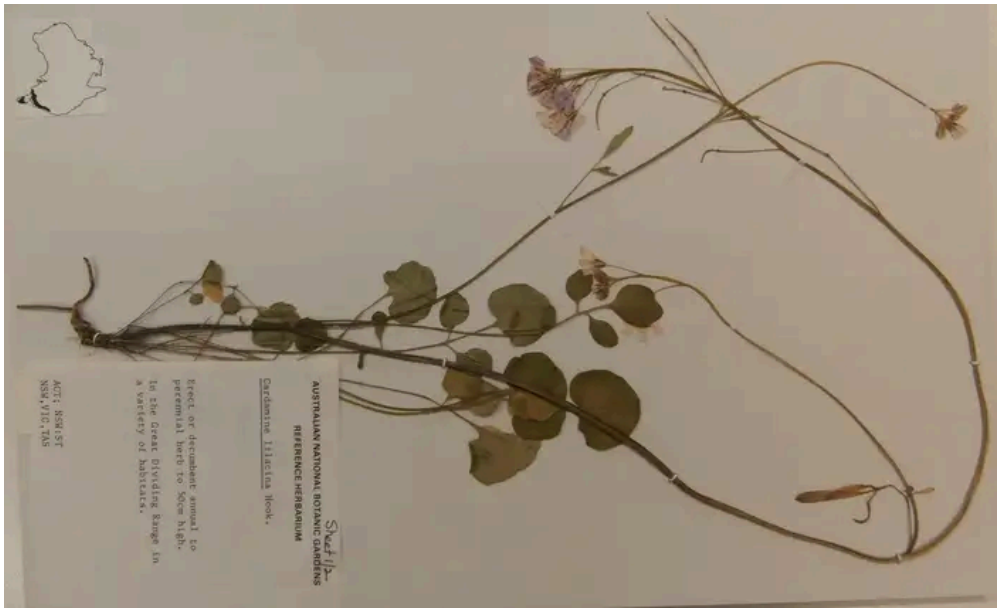
HABITAT

It is a temperate plant.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Cherikoff V. & Isaacs, J., The Bush Food Handbook. How to gather, grow, process and cook Australian Wild Foods. Ti Tree Press, Australia p 194 (As Cardamine intermedia)

Curtis, W.M., 1956, The Students Flora of Tasmania Vol 1 p 34 (As Cardamine intermedia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/af4e3b22-eb0b-40fb-838d-6a7be68a863b