PLANT FACT SHEET

Suaeda glauca (Bunge) Bunge

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Sea blite, Common seepweed, Jian peng

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves and shoots are used as a potherb.

DESCRIPTION

An annual herb. It grows up to 1 m tall. The stems are light green and they have slight furrows along them. The branches are slender. The leaves do not have leaf stalks. They are succulent and narrow and cylinder shaped. They are greyish-green. They are 2-5 cm long by 1-5 mm thick. They become smaller upward. The flowers occur as 2-5 in the axils. The fruit is a round but flattened pouch 2 mm across.

HABITAT

It is a temperate climate plant. It grows on salty-alkaline soils of beaches, wastelands, canal banks, field margins. It grows in wetlands.

NOTES

Also put in the family Chenopodiaceae.

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