PLANT FACT SHEET

Pourouma mollis Trecul

GENUS *Pourouma* **FAMILY** Urticaceae

COMMON NAMES Soft pourouma

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows 25 m tall. The leaves can be entire or have 3 lobes. The flowers are separately male and female. The male flower groups are slightly branched. They are brown or yellow. There are 10-20 flowers in the group. The female flowers are clustered in 2 groups. The fruit is oval and 2 cm long by 1 cm wide. They are green but turn dark brown.

HABITAT

A tropical plant. It grows in rainforest and savanna forest.

NOTES

Also put in the family Cecropiaceae and Moraceae.

REFERENCES

Etkin, N. L. (Ed.), 1994, Eating on the Wild Side, Univ. of Arizona. p 140

Grenand, P., 1992, The Use and Cultural Significance of the Secondary Forest Among the Wayapi Indians. ORSTOM. In Sustainable Harvesting and Marketing of Rainforest Products. Island Press. Washington. p 32

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 521

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 684

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 53

Maezumi, S. Y., et al, 2018, The legacy of 4,500 years of polyculture agroforestry in the eastern Amazon. Open Research Exeter. p 41

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

van Roosmalen, M.G.M., 1985, Fruits of the Guianan Flora. Utrecht Univ. & Wageningen Univ. p 312

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/af5c0db7-3501-42a7-84d1-74b33ee957f4