PLANT FACT SHEET

# *Wettinia maynensis* Spruce

**GENUS** *Wettinia* **FAMILY** Arecaceae

**COMMON NAMES** Wettinia palm

## EDIBLE PARTS AND USES

**Edible parts:** Palm heart, Cabbage, Fruit

## DESCRIPTION

A solitary palm. It grows 6-14 m tall. The trunk is 8-15 cm across. There are 5-10 leaves. The old leaves hang from the palm. There are 31-43 leaflets on each side of the leaf. They are not divided and hang down. There are 3-5 flowering stalks from each node. There are 5-7 short, stout flowering branches. These become densely packed with fruit. These form a pyramid shape. The fruit are 1.8-2.5 cm long by 1.5-2 cm wide. They are covered with white hairs.

## HABITAT

A tropical plant. They grow in lowland and mountain rainforest between 200-1,600 m altitude.

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