PLANT FACT SHEET

Atraphaxis manshurica Kitagawa

GENUS *Atraphaxis* **FAMILY** Polygonaceae

COMMON NAMES Bodurgan chai

EDIBLE PARTS AND USES

Edible parts: Roots, Stems, Leaves - tea

The roots, stems and leaves together are used for a tea drink.

DESCRIPTION

A shrub. It grows about 1 m tall. The stems are stout and branched in the upper part. The bark is grey-brown. The leaves are sword shaped or narrow. They are 2-4 cm long by 1 cm wide. They are leathery.

HABITAT

It grows on sand dunes and stony slopes and in deserts. It grows in north China.

REFERENCES

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Khasbagan, Hu-Yin Huai, and Sheng-Ji pei, 2000, Wild Plants in the Diet of Athorchin Mongol Herdsmen in Inner Mongolia. Economic Botany 54(4): 528-536

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afae12f0-a34c-4ce5-b1fd-52862c6b1407