PLANT FACT SHEET

Echinops longifolius A. Rich.

GENUS *Echinops* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in the savannah.

REFERENCES

Codjia, J. T. C., et al, 2003, Diversity and local valorisation of vegetal edible products in Benin. Cahiers Agricultures 12:1-12 (As Echiops)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afbe39a6-eb5e-48f6-94ec-4dd0fa1383e8