PLANT FACT SHEET

Carduus bourgaeanus Boiss.

GENUS *Carduus* **FAMILY** Asteraceae

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afc90efc-2fbe-4cb4-84e4-c73cbbde8b54