PLANT FACT SHEET

Nephrodium esculentum G. Don

GENUS *Nephrodium* **FAMILY** Dryopteridaceae

EDIBLE PARTS AND USES

Edible parts: Root, Starch

DESCRIPTION

A fern.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Polypodiaceae.
Not in The Plant List.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 437

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afcbd84f-a51c-4863-932e-99c81399de68