PLANT FACT SHEET

Heldreichia bupleurifolia subsp. rotundifolia (Boiss.) Parolly, Nordt & Mumm.

GENUS *Heldreichia* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten like cress.

DESCRIPTION

A cabbage family herb. It grows 30 cm tall. Leaf shape can vary.

HABITAT

It is a temperate plant. In Turkey it grows between 2,000-2,900 m above sea level.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 337 (As Heldreichia koyschyi)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Heldreichia rotundifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afcd36df-8f0d-4797-940c-aafcc62f1902