PLANT FACT SHEET

Eleutherococcus giraldii (Harms) Nakai

GENUS *Eleutherococcus* **FAMILY** Araliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub. It grows 3 m tall. The branches are brown and have prickles. The leaves have 5 leaflets that are oblong and 3-8 cm long by 2-3 cm wide. There are hairs underneath. The flowers are in a group at the end of branches. The fruit are 8 mm across and round and black when ripe.

HABITAT

It is a temperate plant. It grows on mountain slopes between 1,300-3,500 m above sea level. In Yunnan.

REFERENCES

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/afd4b4c3-8224-4df6-8070-0f7b613ca44e