PLANT FACT SHEET

# *Delesseria sanguinea* (Hudson) J. V. Lamouroux

**GENUS** *Delesseria* **FAMILY** Delesseriaceae

## EDIBLE PARTS AND USES

**Edible parts:** Seaweed, Algae

## DESCRIPTION

A seaweed. It is a bright red algae. It has flat leaf like blades.

## HABITAT

It is a temperate plant.

## REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/b00bcf43-c5a7-49dd-8a03-e54160941cb2