PLANT FACT SHEET

Clinopodium gilliesii (Benth.) Kuntze

GENUS *Clinopodium* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The dried leaves are used as a spice.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. In Argentina it grows between 1,200-4,000 m above sea level.

NOTES

Medicine.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 245

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b02f3ab6-195e-4fed-9796-534a8b37f99d