PLANT FACT SHEET

Cyttaria espinosae Lloyd.

GENUS *Cyttaria* **FAMILY** Cyttariaceae

EDIBLE PARTS AND USES

Edible parts: Fungus, Mushroom

It is usually eaten fresh in salads.

DESCRIPTION

A mushroom. It is 4 cm high.

HABITAT

It grows on Nothofagus glauca and Nothofagus obliqua var. macrocarpa. In Chile it grows for low altitudes to high altitudes. It grows in humid areas. It suits hardiness zone 8. It can tolerate some snow.

REFERENCES

Barreau, A., et al, 2016, How Can We Teach Our Children if We Cannot Access the Forest? Generational Change in Mapuche Knowledge of Wild Edible Plants in Andean Temperate Ecosystems of Chile. Journal of Ethnobiology 36(2): 412–432

Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

Daly, A. B., 20014, Narrating changing foodways: wild edible plant knowledge and traditional food systems in Mapuche lands of the Andean Temperate Forests, Chile. Masters Thesis Vancouver. p 45

Martin, J. S. & Villagra M. M., 2013, Productos forestales no madereros de la Region del Maule. p 19

Schmedia-Hirschmann, G., et al, 1999, Biological Activity and Food Analysis of Cyttaria spp. (Discomyctes) Economic Botany, Vol. 53, No. 1, pp. 30-40

www.chileflora.com

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b043dfba-e9b1-4bfc-9a20-38cf6f12afce