PLANT FACT SHEET

Cuphea viscosissima Jacq.

GENUS *Cuphea* **FAMILY** Lythraceae

COMMON NAMES Blue wax-weed, Clammy cuphea

EDIBLE PARTS AND USES

Edible parts: Seeds - oil

DESCRIPTION

An annual herb. It grows 35 cm tall. The flowers is purple to red.

HABITAT

It is a temperate plant. It grows in open, rocky limestone areas. It suits USDA hardiness zones 6-9.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are about 250 Cuphea species. They are in Central and South America.

REFERENCES

Hort. bot. vindob. 2:83, t. 177. 1773

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 219

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b049af46-db1f-4cb3-9fb7-06e66d1dc244