PLANT FACT SHEET

Aiphanes tricuspidata Borchs., R.G.Bernal & M. Ruiz

GENUS *Aiphanes* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Cabbage, Palm heart

DESCRIPTION

A palm. It has a single stem. It grows 4.5 m tall. It is 3-6 cm across. There are 8-10 leaves. The sheath is 23-37 cm long. The leaf stalk is 74-120 cm long and there are 11-14 leaflets on each side.

HABITAT

It is a tropical plant.

REFERENCES

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 193

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b05bd13c-cbc7-4ff9-a2c3-7baca8f7a32a