PLANT FACT SHEET

Astrocaryum jauari Mart.

GENUS *Astrocaryum* **FAMILY** Arecaceae

COMMON NAMES Jauari

EDIBLE PARTS AND USES

Edible parts: Palm heart, Oil, Cabbage, Fruit, Seeds

The kernel is a source of edible oil.
The fruit endosperm is eaten.
The fruit have been used to make flour.

DESCRIPTION

A spiny palm. It mostly forms clusters but can occur singly. They are 5-13 m tall. The stems are 9-30 cm across. There are 6-15 leaves. They are stiffly erect. They are 4-5 m long. There are 56-148 leaflets on each side. They are arranged irregularly in clusters. They spread in different planes. The flowering stalks are erect and among the leaves. The male and female flowers are separate on the same plant. There are 3-5 female flowers at the base. The fruit are round to oval and 2.5-3.5 cm long by 1.7-2.5 cm across.

HABITAT

A tropical plant. It grows along the edges of rivers. It is often in areas which are flooded.

NOTES

There are about 40-50 Astrocaryum species. The fruit is 37% oil.

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