PLANT FACT SHEET

Bromelia antiacantha Bertol.

GENUS *Bromelia* **FAMILY** Bromeliaceae

COMMON NAMES Gravata, Banana-do-mato

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers

The fruit can be eaten fresh. They are mostly used for jellies.

DESCRIPTION

A small evergreen plant. It is almost without a stem. It forms a ring. It can be 2 m tall. The leaves are erect and have spines on the edges. They are 1 m long. The flowering stalk arises from the centre. It has 7 distinct flower bracts. The fruit are berries. They are 4-5 cm across. The have juicy flesh.

HABITAT

A tropical plant. It grows in coastal regions in forests and forest covered sand dunes in Brazil. It is best with a humus-rich, moist, well-drained soil. It is damaged by drought and frost.

PRODUCTION

Cultivation

Plants can be grown from seed or from sprouts near the base.

NOTES

There are 47 Bromelia species.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 204

Bodkin, F., 1991, Encyclopedia Botanica. Cornstalk publishing, p 171

Brack, P., et al, 2020, Frutas nativas do Rio Grande do Sul, Brasil: riqueza e potencial alimentício.
Native fruits of Rio Grande do Sul, Brazil: richness and potential as food. Rodriguésia 71: e03102018.

Gomes, L.C.A., et al, 2023, Patterns of use of wild food plants by Brazilian local communities: systematic review and meta-analysis. Journal of Ethnobiology and Ethnomedicine. 19:47 p 7

Kinupp, V. F., 2007, Plantas alimenticias nao-convencionais da regiao metropolitana de Porto Alegre, RS, Brazil p 70

Kinupp, V. F. & Bergman, I., 2008, Protein and minerals of native species, potential vegetables and fruits. Cienc.Tecnol. Aliment. Vol. 28 No. 4 Campinas Oct/Dec.

Lorenzi, H., Bacher, L., Lacerda, M. & Sartori, S., 2006, Brazilian Fruits & Cultivated Exotics. Sao Paulo, Instituto Plantarum de Estuados da Flora Ltda. p 99

Mello, A. J. M., 2015, Cultural landscapes of the Araucaria Forests in the northern plateau of Santa Catarina, Brazil. Journal of Ethnobiology and Ethnomedicine 11:51

Silva, S y H. Tassara.1996. Frutas no Brasil. Empresa das Artes. São Paulo

www.colecionandofrutas.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b07de23b-82ae-43e3-9917-5a3d1924594d