PLANT FACT SHEET

Beta corolliflora Zosimovic ex Butler

GENUS *Beta* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves and stems are cooked in stews and in vegetable dishes. They are boiled and then roasted with egg.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. It is frost resistant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b08ca5ce-2ca6-42da-b3ac-ee9d38017a4e