PLANT FACT SHEET

Lobelia flaccida (C. Presl.) A. DC.

GENUS *Lobelia* **FAMILY** Campanulaceae

COMMON NAMES Wild lobelia

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is eaten as a vegetable.

DESCRIPTION

An erect herb. It grows 5-60 cm tall. It grows each year from seed or can last a few years. The stem is angular with narrow wings. The leaves are 2-7 cm long and about 1 cm wide. There can be teeth along the edge. The flowers are in loose groups and are white, mauve or blue. The fruit is a capsule 1.5 mm long.

HABITAT

It is a subtropical plant.

NOTES

They have also been put in the family Lobeliaceae.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 73

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b0a678ad-1dc0-4ed6-9236-c775265da8b0