PLANT FACT SHEET

Centaurea idaea Boiss. & Heldr.

GENUS *Centaurea* **FAMILY** Asteraceae

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b0d5f7b5-29f1-47dd-b877-dded5d65768b