PLANT FACT SHEET

Pueraria montana (Lour.) Merr.

GENUS *Pueraria* **FAMILY** Fabaceae

COMMON NAMES Taiwan kudzu

EDIBLE PARTS AND USES

Edible parts: Root

An extract of the root is used as a health tonic.
Starch is extracted from the root.

DESCRIPTION

A robust climbing bean. It has tuberous roots. The stems are 8 m long and woody at the base. There are yellow hairs. The leaves have leaflets and these have 3 lobes. The end leaflet is broadly oval and 7-15 cm long by 5-12 cm wide. The side leaflets are smaller and are oblique. The flowering stalks are 15-30 cm long with flowers in groups of 2 or 3 at each node. The flowers are purple. The pods are 4-14 cm long by 6-13 mm wide and flattened.

HABITAT

It is a tropical plant. It grows in mountain forests and open places.

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