PLANT FACT SHEET

Cardamine purpurascens (O. E. Schulz.) Al-Shehbaz et al

GENUS *Cardamine* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The stems and leaves are used as flavouring.

DESCRIPTION

A cabbage family herb.

HABITAT

It is a temperate plant.

REFERENCES

Ding, X., 2021, Collection calendar: the diversity and local knowledge of wild edible plants used by Chenthang Sherpa people to treat seasonal food shortages in Tibet, China. Journal of Ethnobiology and Ethnomedicine 17:40

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b0ec113d-3eda-40ab-b357-0329c7d5a373