PLANT FACT SHEET

Cochlospermum palmatifidum (DC.) Byng & Christenh.

GENUS *Cochlospermum* **FAMILY** Bixaceae

COMMON NAMES Saiya, Mexican yellowshow

EDIBLE PARTS AND USES

Edible parts: Root, Leaves, Seeds, Fruit, Flower, Vegetable

The roots are roasted and eaten. They taste like carrot or parsnip.
The young fruit are eaten raw.
The leaves are boiled and eaten as a green vegetable.

DESCRIPTION

A herb. They have woody rootstocks and an annual leafy shoot up to 50 cm high. The leaves have 7-9 lobes. The leaves are 2-6 cm long by 3-9 cm wide. The flowers are large and yellow. The flowers are 5-7 cm long. The fruit is a capsule 2-4 cm long. The seeds are kidney shaped.

HABITAT

A tropical plant. It grows between 200-1,800 m above sea level. It grows in seasonally dry area. It can grow in arid places.

PRODUCTION

Cultivation

It can be grown by seed.

NOTES

There are 3-4 species of Amoreuxia. They are in Mexico. Also put in the family Cochlospermaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b106c7ec-6a27-4dea-9a8a-dfa38e371314