PLANT FACT SHEET

Inula britannica L.

GENUS *Inula* **FAMILY** Asteraceae

COMMON NAMES Meadow fleabane, Return replicate flower, Sixth moon chrysanthemum

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb that keeps growing from year to year. It grows 10-40 cm tall. The leaves do not have leaf stalks. The leaves are sword shaped and 6-7 cm long by 1-2 cm wide. The base of the leaves can clasp the stem.

HABITAT

It is a temperate plant. It grows in waste land and sandy places between 300-1,700 m above sea level in north China.

PRODUCTION

Cultivation

It regrows easily from pieces of rhizome left in the soil.

NOTES

Leaves contain a bitter substance. There are about 90-100 Inula species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b11bf1c7-d0a0-47e5-96bd-0fee7aab8c3f