PLANT FACT SHEET

Ipomoea sagittifolia Burm f.

GENUS *Ipomoea* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves are fried and eaten. They are also eaten fresh.

DESCRIPTION

A creeping herb. It has several stems from a woody tuberous rootstock. It usually keeps growing from year to year. The stems are yellow-brown and have ridges along them. The leaf shape varies and can be oval, heart shaped or sword shaped. They are 1-12 cm long and 1-9 cm wide. The leaf stalk is 1-4 cm long. There are many flowers in dense groups. They are tube shaped and 2-6 cm long. They are white with a purple or red centre. The fruit is a round capsule 6-7 mm across. The seeds are 3 sided and 3 mm wide.

HABITAT

A tropical plant. It grows in grassland between 760-1,220 m above sea level. It can grow down to sea level.

NOTES

There are about 500 Ipomoea species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b12eb561-25b2-41c0-a9f5-1bdc3bb90668