PLANT FACT SHEET

Capparis flavicans Kurz

GENUS *Capparis* **FAMILY** Capparaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten as a vegetable.

DESCRIPTION

A thorny bush. The branches are hairy. It has spines that can be straight or slightly curved. The leaves are alternate. They are oval. The leaf blade is thick. The flowers are small and yellow. They have 4 petals.

HABITAT

A tropical plant.

NOTES

There are about 250 Capparis species. There are about 50 Capparis species in tropical America.
It has anti-estrogenic properties helping increase milk production.

REFERENCES

Phon, P., 2000, Plants used in Cambodia. © Pauline Dy Phon, Phnom Penh, Cambodia. p 130

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b162c512-0232-4f88-b655-c5a3011fb4e1