PLANT FACT SHEET

Cansjera rheedei J. F. Gmel

GENUS *Cansjera* **FAMILY** Opiliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The young leaves are boiled and eaten as a vegetable. They are also used in curry.
The fruit are eaten raw.

DESCRIPTION

A woody climber. It climbs 8 m tall. It can be an erect shrub. The small branches have a yellow coating. The leaves are narrowly oval and 4-13 cm long by 3-6 cm wide. The base is wedge shaped or rounded. The fruit is fleshy and orange to red. They are 1.5 cm long by 1 cm wide.

HABITAT

It is a tropical plant. It grows in forest and thickets. It grows from sea level to 1,400 m above sea level. It occurs in Yunnan.

NOTES

There are 3 Cansjera species.
Cansjera rheedii Blanco is an unresolved name.
Cansjera rheedei J. F. Gmel is an accepted name.

REFERENCES

Eiadthong, W., et al, 2010, Management of the Emerald Triangle Protected Forests Complex. Botanical Consultant Technical Report. p 47

Flora of China @ efloras.org Volume 5

Hiepko, P. 2008, Opiliaceae. Flora of the World. Species Plantarum No. 12 p 51

Johnson, N., 2002, Environmental Change in northern Thailand: Impact on Wild Edible Plant Availability. Ecology of Food and Nutrition, 41: 5, 373-399

Kahlon, L. K. & Singh, R., 2019, Traditional knowledge & Dynamics of edible plants of primitive tribal group 'Paudi Bhuyan' with changing demography migration patterns in Northern Odisha. Indian Journal of Traditional Knowledge Vol 18(1), pp 7-15

Kumar, N. A. & Vedavalli, L., 2016, Conservation of Family Farming Heritage. In Family Farming. FAO & MSSRF. p 257

Rasingam, L., 2012, Ethnobotanical studies on the wild edible plants of Irula tribes of Pillur Valley, Coimbatore district, Tamil Nadu, India. Asian Pacific Journal of Tropical Biomedicine. (2012) S1493-S1497

Singdeo, K., et al, 2024, Wild Edible Fruits Of Eastern Ghats Of India: A Review. African Journal of Biological Sciences. 6(5) p 6535f

Sreedevi, K., et al, 2021, Wild Edible Plants Consumed by Primitive Tribes of Kotia Hills, Vizianagaram District, Andhra Pradesh, India. International Journal of Botany and Research (IJBR). Vol. 12 Issue 1, Jun 2022, 1-8

www.theplantlist.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b1680878-2413-4699-81a0-69dee2eaac0b