PLANT FACT SHEET

Origanum ehrenbergii Boiss.

GENUS *Origanum* **FAMILY** Lamiaceae

COMMON NAMES Ehrenberg's marjoram

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used raw or dried. They are used as a spice to flavour bread.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant. In Lebanon it grows between 300-2,000 m above sea level

NOTES

Medicine.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

Loizzo, M. R., et al, 2009, Chemical analysis, antioxidant, antiinflammatory and anticholinesterase activities of Origanum ehrenbergii Boiss. and Origanum syriacum L. essential oils. Food Chemistry 117:174-180

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b1ea915a-1f75-448f-aa8a-4a9ad233eb82