PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Corydalis solida (L.) Clairv.

GENUS *Corydalis* **FAMILY** Papaveraceae

COMMON NAMES Fumewort

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

CAUTION: It contains alkaloids.
The root has the bitter element removed and is then used as a famine food to extend bread flour.

DESCRIPTION

A perennial plant. It grows 2-30 cm high and 15-20 cm wide. It has a tuber. The leaves are like feathers. The flowers occur on upright spikes. They tilt and the spurs turn down. They can be white to reddish-purple. The fruit is like a capsule and contains many seeds.

HABITAT

It is a temperate plant. It is frost hardy. It will grow in most moist, well-drained soils. It needs an open sunny position. It is resistant to frost but damaged by drought. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

Plants can be grown from seeds or by division.

NOTES

There are about 300 Corydalis species. It is used in medicine.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b1f1bb73-4dd5-4ada-91a2-a67c5ac9161d