PLANT FACT SHEET

Asparagus pastorianus Webb & Berthel.

GENUS *Asparagus* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are cooked and eaten. They are added to soups.

DESCRIPTION

A shrub.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 222

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b20b87e0-bb1b-4dea-b8cf-403b5291be31