PLANT FACT SHEET

Cnidoscolus urens (L.) Arthur

GENUS *Cnidoscolus* **FAMILY** Euphorbiaceae

COMMON NAMES Spurge nettle, Tread-softly

EDIBLE PARTS AND USES

Edible parts: Leaves, Seed, Roots

The seeds are edible and a source of cooking oil.

DESCRIPTION

A shrub. It grows 0.5-2.5 m tall. The stems are succulent. They have stinging hairs. The leaves are 5-19 cm long and 6-19 cm wide. They have 3 larger lobed and 2 smaller lobes. They have teeth along the edge. The flowering shoots are 4-16 cm long.

HABITAT

It is a tropical plant.

PRODUCTION

Cultivation

It can be grown as a hedge.

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