PLANT FACT SHEET

Cistus creticus subsp. creticus

GENUS *Cistus* **FAMILY** Cistaceae

COMMON NAMES Shaggy rock-rose, Cistus mas

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The plant is used as a substitute for tea.
It is also used as a condiment.

DESCRIPTION

An evergreen shrub. It grows 1 m high and spreads 1 m wide. The stems are erect and woody. The leaves are broad and blunt. They are 5 cm long. The flowers are a reddish-purple. They have 5 petals.

HABITAT

It is best in light to medium, well-drained soil. It needs an open sunny position. It is resistant to drought and frost.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

There are about 20 Cistus species.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 78 (As Cistus villosus)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 194 (As Cistus villosus)

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 67 (As Cistus villosus)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b2301f5c-fb9d-48fc-bf52-35c14c0515c2