PLANT FACT SHEET

Hebanthe eriantha (Poir.) Pedersen

GENUS *Hebanthe* **FAMILY** Amaranthaceae

COMMON NAMES Suma, Brazilian ginseng

EDIBLE PARTS AND USES

Edible parts: Roots, Medicine

The roots are used for a ginseng like tonic.

DESCRIPTION

A vine that stretches over the ground. The leaves are narrowly oval. The flowers are white.

HABITAT

A tropical plant.

NOTES

It is claimed to have anti-cancer properties. It is rich in Vitamins and minerals.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 9 (As Pfaffia paniculata)
Revis. gen. pl. 2:543. 1891 (As Pfaffia paniculata)

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