PLANT FACT SHEET

Dioscorea remotiflora Kunth

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

COMMON NAMES Camote, Barbasco

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

DESCRIPTION

A yam.

HABITAT

It is a tropical and subtropical plant. It can grow in arid places.

NOTES

There are about 650 species of Dioscorea.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 414

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Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b248c3b6-0a6a-4337-8e56-6db25807e9d0