PLANT FACT SHEET

Ocotea bullata (Burch.) Baill.

GENUS *Ocotea* **FAMILY** Lauraceae

COMMON NAMES Stinkwood, African acorn, Cape laurel

EDIBLE PARTS AND USES

Edible parts: Bark - tea, Medicine

DESCRIPTION

A large tree. It grows 30 m tall. The leaves are dark green and shiny. They have blisters or bubbles on the upper surface. The edges of the leaves are wavy. The fruit are in cups.

HABITAT

It is a subtropical plant. It grows in mountain forests.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b27babf4-ac5f-4359-ac8c-5f819f6192c0