PLANT FACT SHEET

Silene conoidea L.

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES Catchfly, Lantern bubble, Rice urn

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves, Flower - nectar, Fruit, Seeds

The young shoots and leaves are used as a potherb.
The flower nectar us sucked or the sweet flowers eaten by children.
The ripe fruit are eaten raw. They are peeled.
The seeds are eaten raw.

DESCRIPTION

An annual herb. It grows 25-61 cm high. It has glandular hairs. The leaves are opposite. The lower leaves are spoon shaped and the leaves on the stem are sword shaped. They are 5-8 cm long by 5-10 mm wide. The flowers are pink. There are only a few flowers at the tip of the plant. The calyx tube is 2-3 cm long. The fruit is an oval capsule.

HABITAT

It is a temperate plant. It occurs in western China. In Pakistan it grows up to 3,500 m above sea level.

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