PLANT FACT SHEET

Agave angustifolia Haw.

GENUS *Agave* **FAMILY** Asparagaceae

COMMON NAMES Caribbean agave

EDIBLE PARTS AND USES

Edible parts: Flowers, Flower stalks, Stems, leaves, Fruit

DESCRIPTION

An agave. The leaves are narrow and stiffly erect. The spines are moderately spaced.

HABITAT

It is a tropical plant. It can grow in arid areas.

REFERENCES

Behera, K. K., et al, 2008, Wild Edible Plants of Mayurbhanj District, Orissa, India. J. Econ. Taxon. Bot. Vol. 32 (Suppl.) (2008) pp. 305-314

Delgado-Lemus, A., et al, 2014, Vulnerability and risk management of Agave species in the Tehuacan Valley, Mexico. Journal of Ethnobiology and Ethnomedicine 10:53

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 24

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b28dd95a-66e6-4b6b-9f8a-1a72bcf63a3d