PLANT FACT SHEET

Russula mariae Peck

GENUS *Russula* **FAMILY** Russulaceae

COMMON NAMES Velvet russula

EDIBLE PARTS AND USES

Edible parts: Fungus, Mushroom

The fruiting bodies are eaten. The smell is accentuated by cooking or drying. It is stuffed with grated cheese, chives, walnuts and parsley.

DESCRIPTION

A mushroom.

HABITAT

It is a temperate plant.

REFERENCES

Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 253

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b2918a00-a05c-439d-8491-f01432d54cbc